

## SHIVA MRITYUNJAYA MANTRA

“OM TRYAMBAKAM YAJAMAHE SUGANDHIM PUSHTIVARDHANAM  
URVARUKAMIVA BANDHANAN MRITYOR MUKSHIYA MAAMRITATH.”

### MEANING

OM. WE WORSHIP THE THREE-EYED LORD SHIVA WHO IS FRAGRANT AND WHO INCREASINGLY  
NOURISHES THE DEVOTEES. WORSHIPPING LORD SHIVA MAY WE BE LIBERATED FROM DEATH  
FOR THE SAKE OF IMMORTALITY JUST AS THE RIPE CUCUMBER EASILY SEPARATES  
ITSELF FROM THE BINDING STALK.

### BENEFITS

OVERCOME FATAL DISEASES AND UNTIMELY DEATH.