

## SHIVA GAYATRI MANTRA

"AUM BHUR BHUVAH SWAHA
AUM TADPURUSHAAYA VIDVAMAHE,
MAHADEVAAYA DHEEMAHI
TANNO RUDRA PRACHODAYAAT"

## **MEANING**

Aum. Let us invoke the three realms of earth (-bhur), wind (-bhuvah) and fire (-swaha).

Aum. Let us invoke the superlative (-tad) male (-purusha) and omniscient lord

(-vidvamahe). Let us meditate and focus upon (-dheemahi) the supreme

(-maha) lord (-devaaya). Let us ask Shiva (-rudra) to provide us inspiration

and Guidance (-prachodayaat) in our spiritual journeys.

## **BENEFITS**

- PROTECTION IN ALL AREAS OF LIFE.
- REMOVAL OF PLANETARY MALEFICS AS SHIVA RULES THE NAVAGRAHA.
- HEALTH, PEACE AND SUCCESS.
- AWAKENING OF HIGHER CONSCIOUSNESS.
- CHANTING SHIVA GAYATRI GIVES THE ASPIRANT TO CONTROL
   BASER INSTINCTS LIKE DESIRE FOR SEX. ETC.

## **ISHTA DEVATA**