

RAMA MANTRA

“SHREE-RAMA RAMA RAMETI

RAME RAAME MANO-RAME

SAHA-SRANAAMA TAT TULYAM

RAAMA-NAAMA VARAA-NANE

(3 TIMES)

SREE RAAMA-NAAMA VARAA-NANA OM NAMA ITI”

BENEFITS

THIS RAMA MANTRA IS A TRANSCRIPT FROM THE VISHNU SAHASRANAMA STOTRA ITSELF.

RECITING OR REPEATING THE NAME OF RAMA YIELDS THE SAME RESULTS AS

RECITING THE WHOLE OF VISHNU SAHASRANAMA STOTRA.

