

LORD VISHNU MANTRAS

SLOKAS FOR VISHNU

“SHANTA KARAM BHUJAGA SHAYANAM

PADMANABHAM SURESHAM

VISHVADHARAM GAGANA SADRSHAM

MEGHA VARNAM SHUBHANGAM

LAKSHMI KANTAM KAMALA NAYANAM

YOGIBHIR DHYANA GAMYAM

VANDE VISHNUM BHAVA BHAYA HARAM

SARVA LOKAIAKA NATHAM”

MEANING

I ADORE VISHNU, THE EMBODIMENT OF PEACE, WHO SLEEPS ON THE SERPENT,

WHOSE NAVAL IS THE LOTUS OF THE UNIVERSE

WHO IS THE LORD OF THE GODS, WHO IS THE SUPPORT OF THE UNIVERSE,

WHO IS IN THE FORM OF SPACE (THE OMNIPRESENT)

WHOSE COLOR RESEMBLES THAT OF CLOUDS, WHOSE BODY IS AUSPICIOUS

WHO IS THE LORD OF LAKSHMI, WHOSE EYES ARE LIKE LOTUSES

WHO IS ATTAINABLE BY YOGIS THROUGH MEDITATION

WHO IS THE DESTROYER OF THE FEAR OF BIRTH AND DEATH

AND WHO IS THE ONE LORD OF ALL THE WORLDS